

STORNOWAY RUNNING AND ATHLETICS CLUB

CONSTITUTION

1. Name

The name of the club shall be Stornoway Running and Athletics club (hereinafter referred to as “the Club”).

2. Objects

The objects of the club shall be to promote and develop amateur athletics and related activities in Lewis and Harris. The aim of the club is one of social welfare and it is a non profit-making organisation.

3. Membership

- (a) Club membership is strictly confined to amateurs as defined by and in accordance with the rules of UK Athletics.
- (b) Each member shall pay an annual subscription, which will be determined at the Annual General Meeting. Subscriptions will be due on the date of the AGM and are to be paid within four weeks of the AGM. No members more than four months in arrears with subscriptions will be allowed to take part in any training session or event organised by the Club, represent the Club in any competition or vote at any meeting. Any member so in arrears may be expelled from the Club on a vote in favour of at least half the total membership of the committee at the time of such vote and without the right of recourse to a General Meeting.
- (c) Any member guilty of misconduct (i.e. behaviour contrary to this constitution or the standard set by UK Athletics) may be cautioned once or expelled from the club by a majority decision of the Management Committee. Any person expelled will have the right to appeal to a Management committee meeting called at his request not later than 2 weeks from the date of expulsion.

4. Management

- (a) The Management Committee shall consist of Chairperson, Vice Chairperson, Secretary, Treasurer and minimum one other elected at the AGM.
- (b) The Office Bearers and committee members shall retire at each AGM but shall be eligible for re-election.
- (c) The Management Committee shall meet quarterly as a minimum requirement, and as often as required thereafter to oversee the affairs of the Club. The full Management Committee will discuss any constitutional matters.
- (d) A Quorum for the Management Committee shall be five.

- (e) All decisions will be by a majority vote; the chairperson shall have a deliberate and a casting vote, (as shall be the case at General Meetings).
- (f) The management committee shall have the power to co-opt additional members and to form sub-committees as and when considered necessary. This includes delegates or candidates for election to other bodies, including the committees of governing bodies of amateur athletics.
- (g) Any committee member who fails to attend three consecutive Committee meetings without adequate explanation may at the discretion of the Committee be expelled from its membership.
- (h) The Committee shall make arrangements each year for the disposal of Club trophies and awards.

5. Annual General Meeting

- (a) The Annual General Meeting shall be held in October/November each year to undertake the following business:
 - I. Minutes of previous AGM;
 - II. Receiving of reports from Chairperson, Secretary and Treasurer;
 - III. Dissolution of Committee;
 - IV. Election of Temporary Chairperson;
 - V. Election of Office Bearers;
 - VI. Election of Management Committee;
 - VII. Setting of membership fees;
 - VIII. Any other business to be discussed.
- (b) Motions to be discussed must be submitted in writing to the Club Secretary at least two weeks before the meeting, (as will be the case for Special General Meetings).
- (c) Only members aged 16 years and over by the date of the vote, with fully paid subscriptions for the previous year may vote at the AGM, (hereinafter referred to as “voting members”).
- (d) Voting members unable to attend AGM, having received two weeks notice of the meeting and the Agenda, will be entitled to vote by post on specific proposal(s) on the Agenda. Votes must be postmarked one week prior to the AGM and sent to the Club Secretary.

6. Extraordinary General Meeting

Extraordinary General Meetings of the Club may be convened at any time on a requisition by:

- I. The Committee;
- II. Any ten voting members;
- III. Any member expelled by the Committee from the Club under the terms in Clause 3c for the purpose of appeal against expulsion.

In each case, the requisition (which shall be signed by those making it) shall include a statement of business and only the stated business shall be discussed at the meeting. The Secretary shall arrange the meeting to be held within 28 days of receipt of the requisition and 14 days notice shall be given.

7. Club Colours

The Club strip shall consist of red vest with yellow chest band bearing Club name and motif with red/red tartan shorts. Club colours must be worn by all competitors representing the Club at competitive meetings.

8. Finance

- (a) The Committee shall cause to be kept Books of Account containing details of income and expenses incurred and such books of account shall be audited annually by a suitably qualified person appointed from time to time by the committee or a member of the club. The auditor shall in consultation with the Treasurer prepare a Statement of Accounts which shall be presented to the Annual General Meeting.
- (b) All monies intended for the benefit of the Club shall be lodged in a Bank Current Account(s) at Stornoway or at such other Bank as shall from time to time be substituted by the Committee.
- (c) All monies standing to the credit of the said Bank Current Accounts in the name of the Club, shall be applied as the Management Committee/Sub-Committees shall decide in furthering the aim of the Club.
- (d) The Bank Current Account of the Club shall be operated upon by the Chairperson, Vice-Chairperson or Secretary and countersigned by the Treasurer under the mandate from the Committee.
- (e) Any Club member or group of members intending to apply for financial assistance from public funding (e.g. Lewis & Harris Sports Council) or private company for sponsorship, should, firstly approach the Management Committee for approval. Intent of such action should be made known to the Club Secretary in writing.
- (f) The Club's financial year shall run from 1st October to 30th September each year.

9. Amendments to Constitution

No alteration or addition to the Constitution shall be made except by resolution carried out by majority of two thirds of the members present and voting at an AGM of the Club or at a EGM called for that purpose. The terms of any proposed amendment to the Constitution shall be made in writing to the Secretary and shall be distributed to members fourteen days prior to the meeting.

10. Dissolution

- (a) The Management Committee, by a two thirds majority at a quorate meeting, may decide to dissolve the Club. They must then call an EGM giving four weeks notice to all Club members. If the motion is passed by a two thirds majority the Club is then dissolved.
- (b) Alternatively, ten ordinary paid up members (voting) may petition the Secretary in writing, to call an EGM in which the conditions in 10 (a) above will apply with respect to calling he meeting and voting at it.
- (c) Voting rights as at the Annual General pertain.
- (d) Upon dissolution any funds remaining after all debts have been met will be used for the furtherance of Amateur Athletics in the community as agreed at the EGM.

This constitution was adopted at a Meeting held in: 2005

Signed: Tony Robson (Chairperson) Date: _____

Signed: Adrienne Stewart (Secretary) Date: _____