

# SRAC Spring Open Grade Meeting 5 May 2018

## Final Schedule of Events

Track Events					Field Events			
Time	Time	Event No	Event	Age Group	Time	Event	Age Group	Trials
10:45	10:45	1	Sprint Hurdles	Combined	10:45	Long Jump	U13G (P1 - FINISH) / U13B (P2 - START)	3 trials
10:50	10:50	2	800m	U13G / U15G				
	10:56	3	800m	U13 / U15 Mixed				
	11:02	4	800m	U17 / U20 / SEN Mixed	11:00	Discus	All Age Groups	3 trials
11:10	11:10	5	100m	U17B/U20B & U17G/U20G SEN Mixed				
	11:13	6	100m	U15B / U17B				
	11:16	7	100m	U15G / U17G				
	11:19	8	100m	U15G / U17G				
	11:22	9	100m	U13B				
	11:25	10	100m	U13B				
	11:28	11	75m	U13G				
	11:31	12	75m	U13G	11:30	Long Jump	U15G / U17G / U20W / SW (P2 START)	3 trials
	11:34	13	75m	U13G	11:30	Long Jump	8 / 9 / 10 G (P1 - FINISH)	3 trials
11:40	11:40	14	75m	8/9G				
	11:43	15	75m	8/9B	11:45	Shot Put	U15G / U15B / U17G / U17B	3 trials
	11:46	16	75m	8/9B	11:45	Javelin	U13G / U13B	3 trials
	11:49	17	75m	10G				
	11:52	18	75m	10G				
	11:55	19	75m	10B				
	11:58	20	75m	10B				
12:10	12:10	21	300m	U15G / U15B				
	12:14	22	300m	U17G				
	12:19	23	400m	400m (& 400mH) - All age groups /mixed				
12:25	12:25	24	1200m	U13G				
12:30	12:30	24b	5000m	Senior / U20 / U17				
12:30	<b>LUNCH BREAK</b>							
Track Events					Field Events			
Time	Time	Event No	Event	Age Group	Time	Event	Age Group	Trials
					13:15	Triple Jump	All Age Groups (Pit 1 - FINISH or 2 - START)	3 trials
13:30	13:30	25	1500m	Combined	13:30	Javelin	U15 & U17 Upwards Mixed	3 trials
13:40	13:40	26	600m	8&9G / 8&9B / 10G / 10B				
	13:45	27	600m	8&9B / 10B				
13:50	13:50	28	200m	U13B				
	13:54	29	200m	U13B				
	13:58	30	200m	U15B / U15G/ U17B / U17B	14:00	Long Jump	8 / 9 / 10 B (Pit 2 - START)	3 trials
	14:02	31	200m	U17B / SEN-M				
	14:06	32	200m	U15G / U17G	14:15	Shot Put	U13G / U13B	3 trials
	14:10	33	200m	U17B / U20B	14:15	Long Jump	U15B / U17B / U20B (Pit 1-FINISH)	3 trials
14:15	14:15	34	150m	U13G	14:15	High Jump	All Age Groups	
	14:19	35	150m	U13G				
14:25	14:23	36	150m	8&9G				
	14:27	37	150m	8&9B				
	14:31	38	150m	8&9B				
	14:35	39	150m	10G				
	14:39	40	150m	10G				
	14:43	41	150m	10B				
	14:47	42	150m	10B				
15:00	15:00	43	4 x 100m	Mixed Relay				
15:30	15:30	<b>FINISH</b>						

Note - Order and timing of events subject to change.

Please be ready for your event at please 10 minutes before the time on schedule.