

### Heb 3 Half Marathon Series 2018 - Results

Forename	Surname	Cat	Club		Stornoway	Benbecula	Skye	Barra	Harris	Heb #	Heb 3	
Ewan	Crawford	M	Hunters Bog Trotters		01:17:24		01:17:01		1:16:34	3	<b>03:50:59</b>	1st Male & Winning Team (HBT)
John	McManus	M	Hunters Bog Trotters				01:21:16	01:24:49	1:22:09	3	<b>04:08:14</b>	2nd Male & Winning Team (HBT)
Nea	Macinnes	M40+	Bellahouston RR			01:24:30		01:28:08	1:27:11	3	<b>04:19:49</b>	3rd Male
John	MacAskill	M40+	SRAC		01:25:57	01:30:11			1:26:34	3	<b>04:22:42</b>	Alternative Heb 3 - 1st MV40
Andy	Mcmahon	M50+	SRAC		01:29:50	01:28:06	01:29:23		1:33:32	4	<b>04:27:19</b>	1st Male V50
Gerry	Wheeler	M40+			01:32:31	01:31:31	01:38:49	01:34:46	1:32:20	5	<b>04:36:22</b>	1st Male V40
Alasdair	Smith	M50+			01:33:08	01:32:08	01:38:22		1:37:38	4	<b>04:42:54</b>	
Iain	Shaw	M50+	Ferranti AAC		01:34:47	01:34:20		01:40:45		3	<b>04:49:52</b>	
Hubert	van Tuijl	M60+	Lynx Pack		01:37:22		01:36:54	01:40:04		3	<b>04:54:20</b>	1st Male V60
Murdo	Mackenzie	M	SRAC		01:36:41			01:48:12	1:30:40	3	<b>04:55:33</b>	
Mark	Dennis	M			01:42:12	01:39:57	01:38:23	01:39:32	1:39:53	5	<b>04:57:48</b>	
Hector	Mackay	M40+			01:37:06	01:47:25		01:44:02	1:43:44	4	<b>05:04:52</b>	
Louise	Provan	F35+	Fife AC				01:42:19	01:42:32	1:40:54	3	<b>05:05:45</b>	1st Female
Mairead	McManus	F	Hunters Bog Trotters				01:34:14	01:45:22	1:46:25	3	<b>05:06:01</b>	2nd Female & Winning Team (HBT)
Alastair	Cunningham	M50+			01:42:24		01:41:19		1:43:26	3	<b>05:07:09</b>	
Rachel	MacDonald	F45+			01:42:31		01:43:25		1:47:47	3	<b>05:13:43</b>	3rd Female
FloraAnn	MacDonald	F35+			01:47:10	01:46:42	01:44:37			3	<b>05:18:29</b>	1st Female V35
Derek	Hoy	M					01:50:25	01:47:27	1:45:17	3	<b>05:23:09</b>	
Ron	Culley	M40+			01:47:04	01:49:36		01:49:48	1:49:25	4	<b>05:26:05</b>	
Jacqueline	Campbell	F35+			01:43:46			01:49:59	1:53:40	3	<b>05:27:25</b>	
Alasdair	Beaton	M			01:46:47		01:53:03	01:50:00		3	<b>05:29:50</b>	
Neil	Moffat	M60+	Dumfries RC		01:46:46			01:51:27	1:51:43	3	<b>05:29:56</b>	
Nev	Chamberlain	M50+	Grantham RC		01:49:51			01:53:29	1:53:33	3	<b>05:36:53</b>	
Michael	Runge	M50+			01:54:24	01:54:48	01:49:52	01:56:08	1:52:48	5	<b>05:37:04</b>	
Suzanne	Forman	F45+				01:51:00		01:53:41	1:52:41	3	<b>05:37:22</b>	Alternative Heb 3 - 1st FV45
Michael	Cameron	M	Team FOMO				01:47:58	01:49:00	2:02:23	3	<b>05:39:21</b>	
Ronald	Gray	M40+	Wee County Harriers				01:47:29	01:59:04	1:54:08	3	<b>05:40:41</b>	
Lorna	thomson	F35+			01:54:10	01:59:58	01:53:02	01:58:07	1:56:16	5	<b>05:43:28</b>	
Bruce	Walker	M60+	Troon Tortoises AC		01:57:46	01:53:04	01:53:52	02:01:50	2:03:48	5	<b>05:44:42</b>	
Angela	MacDonald	F35+				01:58:00		01:56:16	1:52:51	3	<b>05:47:07</b>	
Alex	Healey	M40+	SRAC		01:50:37	01:58:43		01:58:16		3	<b>05:47:36</b>	
Janice	Mackay	F45+			01:57:09	02:01:20	01:53:51	02:01:36	1:58:00	5	<b>05:49:00</b>	1st Female V45
Chris	Whittington	M				02:00:54		01:59:00	1:54:23	3	<b>05:54:17</b>	
Jennifer	Urquhart	F45+			01:59:48	01:58:35			1:56:45	3	<b>05:55:08</b>	

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David	Archibald	M40+	RAF Boulmer		02:00:08	01:57:48	02:01:24			3	<b>05:59:20</b>	
Catriona	MacNeil	F35+				02:00:00		02:01:35	1:58:12	3	<b>05:59:47</b>	
Adrienne	Stewart	F55+	SRAC		02:01:21	02:11:11	02:01:07	02:06:19	2:02:36	5	<b>06:05:04</b>	1st Female V55
Gordon	Semple	M60+			02:03:00	02:04:39	02:05:51	02:05:22	2:00:28	5	<b>06:08:07</b>	
Linda	Cunningham	F45+			02:01:26		02:00:17		2:07:22	3	<b>06:09:05</b>	
Ewen	MacDougall	M40+	Skye & L R&AC				01:57:23	02:07:14	2:06:57	3	<b>06:11:34</b>	
Hamish	Macdonald	M50+			02:00:44	02:11:04	02:07:59	02:09:42	2:05:40	5	<b>06:14:23</b>	
John	Crombie	M60+				02:06:27		02:08:07	2:08:05	3	<b>06:22:39</b>	
Margaret Rose	MacPhee	F45+	Lochaber AC		02:02:28	02:13:49		02:11:22		3	<b>06:27:39</b>	
Lachie	Maclellan	M40+				02:19:38		02:06:27	2:02:05	3	<b>06:28:10</b>	
Allison	Smith	F55+	Kinross RR		02:09:37		02:07:51		2:10:59	3	<b>06:28:27</b>	
Georgios	Sideris	M40+				02:11:55	02:15:10	02:09:33	2:13:10	4	<b>06:34:38</b>	
Anne	Macintyre	F55+	Kinross RR		02:11:57		02:12:11		2:11:01	3	<b>06:35:09</b>	
Ingrid	Taylor	F45+			02:11:47	02:13:42	02:15:06	02:17:40	2:12:54	5	<b>06:38:23</b>	
Victoria	Simpson	F	Wee County Harriers		02:10:55	02:13:03	02:15:13			3	<b>06:39:11</b>	
Donald	Macdonald	M	SRAC		02:09:55	02:21:17			2:12:20	3	<b>06:43:32</b>	
Sharon	Runge	F55+			02:12:59	02:16:13	02:16:51	02:23:37	2:16:43	5	<b>06:45:55</b>	
Christina	Clelland	F35+	SRAC		02:16:07	02:20:37			2:11:48	3	<b>06:48:32</b>	
David	Graham	M			02:09:25	02:30:40			2:12:21	3	<b>06:52:26</b>	
Maureen	Maclean	F45+			02:14:05	02:20:51	02:18:39			3	<b>06:53:35</b>	
Alaric	Pether	M40+	Portobello RC		02:10:48	02:29:51	02:16:34			3	<b>06:57:13</b>	
Carol	maclean	F35+	SRAC		02:19:32	02:37:07	02:21:24	02:33:04	2:17:01	5	<b>06:57:57</b>	
Emma	Scaramuccia	F			02:11:29	02:15:59		02:33:05		3	<b>07:00:33</b>	
Catherine	Tinney	F			02:19:57	02:26:17	02:17:05			3	<b>07:03:19</b>	
Carolyn	Hare	F35+	SRAC		02:17:06			02:29:38	2:17:28	3	<b>07:04:12</b>	
Douglas	Strachan	M60+	Skye & L R&AC		02:23:14	02:22:02	02:20:27	02:26:47	2:57:57	5	<b>07:05:43</b>	
Jason	White	M			02:18:41	02:20:20	02:28:16			3	<b>07:07:17</b>	
Clare	Falconer-Flint	F45+	SRAC		02:21:12	02:28:16	02:24:09	02:22:43	2:25:40	5	<b>07:08:04</b>	
Kirsten	Macfarlane	F35+			02:21:50	02:22:43			2:23:43	3	<b>07:08:16</b>	
Christine	Kennedy	F45+	SRAC		02:20:15	02:28:16		02:25:27		3	<b>07:13:58</b>	
Brian	Murray	M60+			02:26:57	02:23:50		02:39:29	2:31:17	4	<b>07:22:04</b>	
Brenda	Jones	F55+	SRAC		02:29:03			02:29:09	2:27:48	3	<b>07:26:00</b>	
yvonne	mackay	F35+	SRAC		02:28:33	02:28:44	02:33:51			3	<b>07:31:08</b>	
Neil	Wilson	M60+	West End RR		02:29:50	02:31:50	02:32:56	02:45:12	2:39:11	5	<b>07:34:36</b>	
Rebecca	Passmore	F35+			02:16:07	02:51:56			2:27:54	3	<b>07:35:57</b>	

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Mairi	Maciver	F35+			02:29:56	DNF	02:33:51		2:34:47	4	<b>07:38:34</b>
Ewen	Maclean	M40+			02:33:17	02:33:34	02:33:13			3	<b>07:40:04</b>
Catriona	Hoare	F35+	Nairn RR			02:47:29	02:37:48		2:37:05	3	<b>08:02:22</b>
David	Shanks	M			02:34:17	02:49:54			2:46:13	3	<b>08:10:24</b>
Fiona	Duff	F45+	JogScotland				02:39:31	02:43:08	2:48:36	3	<b>08:11:15</b>
kim	Adamson	F55+	Dumfries RC		02:39:34	02:43:39			2:50:05	3	<b>08:13:18</b>
Jean	Wilson	F55+	West End RR		02:50:42	02:44:02	02:52:11	03:04:04	2:53:27	5	<b>08:26:55</b>
Adele	Davidson	F35+			03:23:10		03:14:27	03:23:33		3	<b>10:01:10</b>
Maureen	Macleod	* F55+			01:50:16			01:56:44	1:49:48	3	<b>05:36:48</b>
Lorna	Krause	* F55+					01:51:13	01:54:38	1:51:48	3	<b>05:37:39</b>
Kevin	McClure	* M40+					01:54:42	01:49:22	1:54:02	3	<b>05:38:06</b>
Dechen	Coleman	* F35+	Uist Ladies		02:05:11	02:03:37	02:05:50	02:04:46	2:02:59	5	<b>06:11:22</b>
Alison	Reid	* F45+					02:04:25	02:06:37	2:02:17	3	<b>06:13:19</b>
Maggie	Macleod	* F35+			02:13:29			02:13:54	2:15:10	3	<b>06:42:33</b>
Louise	Henderson	* F45+			02:07:49		02:20:24		2:24:22	3	<b>06:52:35</b>
Beth	Shannon	* F			02:18:07		02:21:29		2:25:22	3	<b>07:04:58</b>
Patrick	Krause	* M50+					02:31:03	02:24:29	2:29:37	3	<b>07:25:09</b>
Tricia	Macmillan Shaw	* F35+			02:22:37		02:27:01	02:35:44		3	<b>07:25:22</b>
Joe	Gillies	* M40+					02:30:36	02:37:24	2:39:17	3	<b>07:47:17</b>
Angus	Nicholson	* M60+					03:24:00	03:16:35	03:22:09	3	<b>10:02:44</b>

\* Ran 3 or more races but not registered for Heb 3 on [www.entrycentral.com/heb3](http://www.entrycentral.com/heb3)

If you ran 3 or more races and aren't showing on the above results, please get in touch and we will update the results.

Please email any corrections to [heb3@srac.org.uk](mailto:heb3@srac.org.uk)