

Heb 3 Half Marathon Series 2019 - Results

Forename	Surname		Cat	Club		Stornoway	Benbecula	Skye	Barra	Harris	Heb #	Heb 3	
Ewan	Crawford	1	M	Hunters Bog Trotters		01:14:06		01:15:15		1:17:26	3	03:46:47	1st Male
Oliver	Foote	2	M50+	North Uist AAC			01:23:31		01:25:24	1:22:52	3	04:11:47	2nd Male
Ruairidh	Campbell	3	M40+	Arbroath Footers		01:24:44			01:24:51	1:22:14	3	04:11:49	3rd Male
Norman	Ferguson	4	M	SRAC		01:23:31		01:27:18	01:28:45		3	04:19:34	Winning Team (SRAC)
Willie	Rennie	5	M50+	PH Racing Club				01:27:34	01:27:54	1:25:37	3	04:21:05	1st Male V50
John	MacAskill	6	M50+	SRAC			01:26:47	01:29:00		1:28:35	3	04:24:22	Winning Team (SRAC)
Simon	Wells	7	M	Bellahouston RR			01:28:31	01:28:29	01:27:33	1:29:01	4	04:24:33	
Stephen	Hogarth	8	M50+	Grangemouth TC		01:25:47			01:29:09	1:30:12	3	04:25:08	
Sarah	Attwood	9	F	Skye & Lochalsh RC		01:26:32	01:31:28	01:30:18	01:34:43	1:29:18	5	04:26:08	1st Female
Alasdair	Elder	10	M			01:29:32	01:34:06	01:41:48	01:31:17	1:29:02	5	04:29:51	
Paul	Parker	11	M40+	Skye & Lochalsh RC		01:28:25	01:30:36	01:33:20			3	04:32:21	1st Male V40
Murdo	Mackenzie	12	M	SRAC		01:25:59		01:34:17	01:35:26		3	04:35:42	Winning Team (SRAC)
Gerry	Wheeler	13	M40+				01:32:15		01:35:41	1:30:43	3	04:38:39	
Julie	Beveridge	14	F	Calderglen Harriers		01:31:17		01:34:29		1:33:41	3	04:39:27	2nd Female
Alan	Inglis	15	M50+	SRAC		01:31:57	01:33:20	01:38:22	01:46:12	1:39:19	5	04:43:39	
Iain	Shaw	16	M50+	Ferranti AAC		01:33:04			01:35:50	1:35:12	3	04:44:06	
Katie	MacKinnon	17	F	SRAC		01:31:52	01:34:52		01:40:12		3	04:46:56	3rd Female
Iain	MacDonald	18	M	Glasgow South RR		01:37:53		01:34:22	01:34:51		3	04:47:06	
Jennifer	Grewar	19	F			01:34:51		01:37:25		1:36:21	3	04:48:37	
Robert	Kerr	20	M60+	Alchester Running Club		01:34:22	01:36:23	01:41:05		1:40:59	4	04:51:44	1st Male V60
Avril	Pearson	21	F40+	Livingston & District AAC		01:36:45		01:39:33	01:40:27		3	04:56:45	1st Female V40
Hector	Mackay	22	M40+			01:37:04	01:39:46	01:42:47	01:46:22	1:43:47	5	04:59:37	
Louise	Provan	23	F40+	Fife Athletic Club		01:38:46		01:39:19	01:46:56	1:49:54	4	05:05:01	
Gemma	Beaton	24	F	North Uist AAC		01:40:53	01:40:33	01:45:23	01:52:18	1:47:32	5	05:06:49	

Heb 3 Half Marathon Series 2019 - Results

Joanne	McEvoy	25	F40+	Calderglen Harriers	01:42:49		01:45:40		1:39:33	3	05:08:02	
Hubert	van Tuijl	26	M60+	Lynx Pack	01:35:19		01:42:10	01:51:50		3	05:09:19	
Maureen	Mackie	27	F50+	Nairn Road Runners	01:41:02	01:44:02	01:46:04			3	05:11:08	1st Female V50
Chris	Whittington	28	M	SRAC	01:43:48	01:41:46	01:46:43	01:49:06	1:45:39	5	05:11:13	
Andrew	Aitken	29	M	Strathearn Harriers	01:48:17			01:45:16	1:37:47	3	05:11:20	
Jennie	Jackson	30	F50+	Irvine Running Club	01:43:56			01:48:12	1:45:09	3	05:17:17	
Rachel	MacDonald	31	F40+		01:43:33	01:46:28			1:51:06	3	05:21:07	
Jennifer	Urquhart	32	F40+	Nairn Road Runners	01:47:00	01:46:48	01:49:55			3	05:23:43	
Caroline	Kerr	33	F50+	Alchester Running Club	01:44:54	01:48:37	01:50:38			3	05:24:09	
Robert	Sinclair	34	M50+		01:45:41	01:46:06	01:54:16		1:56:02	4	05:26:03	
Simon	Axon	35	M50+		01:42:36		01:52:40	01:51:32		3	05:26:48	
Gavin	MacBeath	36	M		01:50:06	01:48:46	01:51:58			3	05:30:50	
Angela	MacDonald	37	F40+			01:50:15		01:54:21	1:50:47	3	05:35:23	
Christine	Catterson	38	F50+			01:49:50	01:53:19		1:52:41	3	05:35:50	
Lorraine	Mackenzie	39	F40+		01:51:03			01:56:13	1:53:40	3	05:40:56	
Graham	Gollan	40	M40+			01:55:42		01:56:24	1:56:24	3	05:48:30	
Marina	Gordon	41	F40+		01:55:54		01:56:20		1:57:13	3	05:49:27	
Mairi	Campbell	42	F			01:56:45		01:58:27	1:54:46	3	05:49:58	
John	Wilmot	43	M60+	Falkland Trail Runners		01:57:14	01:59:14		1:53:50	3	05:50:18	
Adrienne	Stewart	44	F50+	SRAC	01:55:16	01:55:28	02:00:21			3	05:51:05	
Brian	Lewis	45	M40+		01:54:56		02:03:37		1:55:21	3	05:53:54	
Andrew	Lloyd	46	M50+		01:56:50	01:56:31	02:02:08	02:07:23	2:00:35	5	05:53:56	
Lorna	thomson	47	F		01:55:49	01:59:07		02:01:49		3	05:56:45	
Janice	Mackay	48	F40+		02:00:30	01:57:53	01:59:51	02:01:55		4	05:58:14	
Anthony	Pickard	49	M40+		01:57:31		02:04:27		1:56:19	3	05:58:17	

Heb 3 Half Marathon Series 2019 - Results

Dechen	Coleman	50	F40+	Uist Road Runners		01:55:16	02:02:06	02:04:27	02:01:53	2:01:20	5	05:58:29	
Chris	Spears	51	M60+			01:57:39	02:01:27	01:59:33	02:04:51		4	05:58:39	
Barbara Ann	Hogarth	52	F40+	Grangemouth TC		01:55:04		01:57:38	02:08:27	2:06:05	4	05:58:47	
Catriona	MacNeil	53	F				01:54:37		02:04:59	1:59:23	3	05:58:59	
Gail	Steven	54	F			01:52:53		02:01:20		2:06:02	3	06:00:15	
Ruth	Gordon	55	F			01:55:54		02:00:54		2:04:14	3	06:01:02	
Alice	Paterson	56	F40+	Hunters Bog Trotters		01:57:59			02:05:16	1:59:24	3	06:02:39	
Ruth	Harrison	57	F40+	Kilbarchan AAC				02:03:41	02:02:48	2:01:13	3	06:07:42	
Valerie	Hamilton	58	F50+			01:57:45	02:02:50			2:09:53	3	06:10:28	
Ian	Walters	59	M50+			02:04:00	02:04:40	02:16:39	02:19:16	2:06:21	5	06:15:01	
Jane	Stewart	60	F40+	Ochil Hill Runners		02:00:29		02:13:38		2:03:33	3	06:17:40	
Chris	Hawksworth	61	M50+			02:02:30			02:16:20	2:02:41	3	06:21:31	
Margaret Rose	MacPhee	62	F50+	Lochaber Athletic Club		01:59:13		02:13:30	02:10:42		3	06:23:25	
Sandy	Workman	63	M60+			02:02:16		02:07:18	02:14:55		3	06:24:29	
Kirsteen	Stewart	64	F40+	SRAC		02:02:56		02:11:04	02:11:48		3	06:25:48	
Duncan	Forrest	65	M50+			02:04:15		02:13:54		2:07:39	3	06:25:48	
Rosie	Scott	66	F			02:05:10		02:12:11		2:09:02	3	06:26:23	
Wendy	Lewis	67	F40+				02:07:53	02:10:49		2:09:27	3	06:28:09	
Shonah	Macdonald	68	F				01:59:11	02:05:34	02:24:28		3	06:29:13	
Allan	Maciver	69	M40+	SRAC		02:06:31			02:20:39	2:04:37	3	06:31:47	
Buck	Macdonald	70	M			02:06:20	02:09:18			2:18:02	3	06:33:40	
Catherine	Sinclair-Stott	71	F50+	Lee Merrien RC		02:07:27			02:13:52	2:13:12	3	06:34:31	
Seonag	Macleod	72	F40+	SRAC		02:01:42			02:23:05	2:10:00	3	06:34:47	
Joanne	Douglas	73	F			02:07:43		02:20:15		2:12:36	3	06:40:34	
Corinne	Maclean	74	F40+	SRAC		02:08:00	02:09:48	02:22:47			3	06:40:35	

Heb 3 Half Marathon Series 2019 - Results

Sarah	Macleod	75	F	SRAC		02:06:02			02:23:05	2:15:39	3	06:44:46	
Michaela	Penny	76	F40+	Jubilee joggers		02:15:26		02:15:08		2:15:41	3	06:46:15	
Karen	Wright	77	F40+	SRAC		02:10:21	02:19:41	02:20:13			3	06:50:15	
Yiorgos	Sideris	78	M40+			02:18:55		02:21:39	02:12:36		3	06:53:10	
Alan	Kerr	79	M60+	SRAC		02:18:20	02:15:51	02:19:33	02:24:56	2:21:46	5	06:53:44	
Emma	Scaramuccia	80	F			02:11:15			02:27:35	2:19:07	3	06:57:57	
Douglas	Strachan	81	M60+	Skye & Lochalsh RC		02:22:27	02:18:44	02:39:56	02:32:11	2:20:24	5	07:01:35	
Brenda	Jones	82	F50+	SRAC		02:20:05	02:15:57	02:27:22	02:28:21		4	07:03:24	
Amy	Scott	83	F			02:21:41		02:19:47		2:22:17	3	07:03:45	
Kirsty	MacDougall	84	F				02:16:39	02:20:29		2:26:58	3	07:04:06	
Donna	Inglis	85	F50+	SRAC		02:07:36	02:23:21	02:33:53			3	07:04:50	
Derek	Adamson	86	M50+	Fife Athletic Club			02:24:23		02:25:50	2:15:34	3	07:05:47	
Gary	Wilson	87	M50+			02:15:06			02:26:24	2:26:27	3	07:07:57	
Carol	Maclean	88	F40+	SRAC		02:23:27			02:27:35	2:19:07	3	07:10:09	
Moira	MacIver	89	F40+				02:13:08		02:28:46	2:29:17	3	07:11:11	
Maureen	Maclean	90	F40+				02:16:40	02:31:10		2:24:01	3	07:11:51	
Ann	Davidson	91	F60+	Falkland Trail Runners			02:24:22	02:25:07		2:23:01	3	07:12:30	1st Female V60
Susan	Naimark	92	F60+			02:20:17	02:29:26	02:23:29			3	07:13:12	
Joel	Ellis	93	M			02:19:11		02:27:21		2:33:45	3	07:20:17	
Kirsten	Macfarlane	94	F	The Bog Dogs		02:33:17		02:30:06	02:29:06		3	07:32:29	
Don	Macleod	95	M40+			02:26:03		02:36:30		2:30:32	3	07:33:05	
Tricia	Macmillan Shaw	96	F40+	SRAC		02:23:27		02:34:01	02:46:46		3	07:44:14	
Neil	Wilson	97	M60+	West End RR			02:27:38	02:46:21	02:43:32	2:40:20	4	07:51:30	
Beverley	Zingone	98	F40+			02:32:14		02:45:30		2:35:38	3	07:53:22	
Brian	Murray	99	M60+				02:40:54	02:45:50	02:47:22	2:34:52	4	08:01:36	

Heb 3 Half Marathon Series 2019 - Results

Jean	Wilson	100	F60+	West End RR			02:31:19	02:47:15	02:55:37		3	08:14:11	
David	Shanks	101	M40+	The Bog Dogs		02:50:52		02:44:35	02:45:09		3	08:20:36	
Sharon	McCall	102	F40+			02:44:39		02:57:15		3:03:38	3	08:45:32	