

SRAC Virtual Race #3 Results – 5km or 3km

	Forename	Surname	Gender	Club	Distance	Cat	Age grade	Time
1	Norman	Ferguson	Male	Stornoway Running & Athletics Club	5km	SEN	74.65%	0:17:52
2	Donald	Shaw	Male	Central Athletics Club	5km	V50	82.26%	0:17:56
3	Ewan	Crawford	Male	Hunters Bog Trotters	5km	SEN	71.14%	0:18:15
4	Lewis	Grant	Male	Stornoway Running & Athletics Club	5km	SEN	70.95%	0:18:18
5	Charlie	Morrison	Male	Stornoway Running & Athletics Club	5km	U15	73.29%	0:18:41
6	Murray	MacDonald	Male	Stornoway Running & Athletics Club	5km	U17	71.35%	0:18:50
7	Scott	MacRury	Male	Stornoway Running & Athletics Club	5km	SEN	68.61%	0:19:09
8	Allan	Morrison	Male	Stornoway Running & Athletics Club	5km	V40	73.57%	0:19:19
9	Gary	Macleod	Male	Stornoway Running & Athletics Club	5km	SEN	67.08%	0:19:53
10	Jens	Subke	Male		5km	V40	72.90%	0:19:56
11	William	MacRury	Male	Stornoway Running & Athletics Club	5km	SEN	66.36%	0:19:59
12	Alan	Inglis	Male	Stornoway Running & Athletics Club	5km	V50	74.14%	0:20:03
13	Colin	Alexander	Male	Central Athletics Club	5km	V40	70.53%	0:20:18
14	William	Mitchell	Male		5km	V50	73.19%	0:20:28
15	Alastair	Dunlop	Male	Stornoway Running & Athletics Club	5km	V60	80.96%	0:20:45
16	Sebastian	Nicolson	Male	Stornoway Running & Athletics Club	5km	U13	66.18%	0:21:11
17	Sarah	Maciver	Female	Stornoway Running & Athletics Club	5km	U15	75.41%	0:21:22
18	Lewis	Maclean	Male	Stornoway Running & Athletics Club	5km	U15	63.20%	0:21:40
19	Emily	Murray	Female	Stornoway Running & Athletics Club	5km	U13	75.91%	0:21:43
20	Rachel	Murray	Female	Stornoway Running & Athletics Club	5km	U17	71.26%	0:21:46
21	Francesca	Greenstock	Female	Stornoway Running & Athletics Club	5km	U15	72.22%	0:21:52
22	Allan	Maciver	Male	Stornoway Running & Athletics Club	5km	V50	67.36%	0:21:54
23	Kyla	McMurdo	Female	Stornoway Running & Athletics Club	5km	U13	74.59%	0:22:06
24	Andrew	Macaskill	Male	Stornoway Running & Athletics Club	5km	U13	67.46%	0:22:07
25	Murdo	MacLeod	Male		5km	SEN	58.53%	0:22:11
26	Lorraine	Morrison	Female	Stornoway Running & Athletics Club	5km	V40	68.86%	0:22:18
27	Donald	Macaskill	Male		5km	V40	63.77%	0:22:27
28	Jonathan	Fairgrieve	Male		5km	SEN	57.36%	0:22:38
29	Iain	Matheson	Male	Stornoway Running & Athletics Club	5km	U15	61.71%	0:22:43
30	Donnie	Macaulay	Male		5km	SEN	57.38%	0:22:45
31	Gerry	Connelly	Male	Stornoway Running & Athletics Club	5km	V40	62.94%	0:22:55
32	Megan	Maclean	Female	Stornoway Running & Athletics Club	5km	U15	70.06%	0:23:00
33	Kevin	Donner	Male	Stornoway Running & Athletics Club	5km	V40	60.76%	0:23:03
34	Abbie	Stewart	Female	Stornoway Running & Athletics Club	5km	U13	71.06%	0:23:12
35	James	Stoddart	Male	Stoddart Cranes	5km	SEN	57.16%	0:23:12
36	Finlay	Macleod	Male	Stornoway Running & Athletics Club	5km	U15	59.36%	0:23:37
37	Ellen	McMurdo	Female	Stornoway Running & Athletics Club	5km	U17	65.40%	0:23:43
38	Murdo	Campbell	Male	Westside Runners & Fitness Club	5km	SEN	55.04%	0:23:47
39	Murdo	Murray	Male		5km	V40	60.80%	0:23:54
40	Krysta	Bray	Female	Stornoway Running & Athletics Club	5km	U17	63.65%	0:23:58
41	Alison	Macdonald	Female	Stornoway Running & Athletics Club	5km	V40	63.53%	0:24:01
42	Euan	Cowan	Male		5km	V40	58.66%	0:24:03
43	Ruairidh	Smith	Male	Stornoway Running & Athletics Club	5km	U11	64.20%	0:24:11
44	Anne-Maree	Macleod	Female		5km	SEN	60.13%	0:24:43
45	Anna	Harrison	Female	Stornoway Running & Athletics Club	5km	U15	64.24%	0:25:05
46	Johan	Macritchie	Female		5km	SEN	59.21%	0:25:16
47	Annemarie	Macleod	Female	Stornoway Running & Athletics Club	5km	V40	60.96%	0:25:22
48	Colin	Tucker	Male	Stornoway Running & Athletics Club	5km	V70	70.32%	0:25:50
49	Gordon	Kennedy	Male	Stornoway Running & Athletics Club	5km	SEN	51.20%	0:25:54
50	Stephen	Campbell	Male		5km	SEN	49.85%	0:26:11
51	David	Beaton	Male		5km	SEN	49.24%	0:26:22
52	Amelia	Brandon	Female	Swindon Harriers	5km	U20	55.67%	0:26:38
53	HECTOR	NEALLY	Male		5km	U13	53.29%	0:27:04
54	Julie	Murray	Female		5km	SEN	54.05%	0:27:21
55	Sarah	Macleod	Female	Stornoway Running & Athletics Club	5km	SEN	53.70%	0:27:30
56	Donna	Inglis	Female	Stornoway Running & Athletics Club	5km	V50	62.70%	0:27:33

57	Gemma	Donner	Female	Stornoway Running & Athletics Club	5km	SEN	54.48%	0:27:42
58	Craig	Macleod	Male		5km	U11	58.61%	0:27:45
59	Anna	Flett	Female	Stornoway Running & Athletics Club	5km	V50	61.33%	0:27:51
60	Euan	Flett	Male	Stornoway Running & Athletics Club	5km	U13	53.57%	0:27:51
61	Jane	Graham	Female		5km	V40	55.01%	0:27:55
62	Donald	Campbell	Male		5km	V50	52.04%	0:28:47
63	Katie	Laing	Female		5km	V40	54.40%	0:28:53
64	Maggie	Macleod	Female		5km	V40	52.14%	0:29:16
65	Hannah	Maclean	Female	Stornoway Running & Athletics Club	5km	U15	54.78%	0:29:25
66	Grace	Macleod	Female		5km	SEN	49.80%	0:29:39
67	Sandra	Kennedy	Female	Stornoway Running & Athletics Club	5km	SEN	49.88%	0:29:48
68	Thomas	Stewart	Male		5km	V40	48.75%	0:30:02
69	Yvonne	Murray	Female		5km	V40	49.84%	0:30:37
70	James	Macaskill	Male		5km	V40	44.67%	0:31:35
71	Michelle	Macleod	Female	Stornoway Running & Athletics Club	5km	SEN	46.52%	0:31:57
72	Louise	Henderson	Female	Stornoway Running & Athletics Club	5km	V40	49.56%	0:32:18
73	Sue	Emmott	Female		5km	V50	49.59%	0:33:19
74	Geraldine	Cowan	Female		5km	V40	45.64%	0:33:26
75	Ruairidh	Cowan	Male		5km	U13	44.63%	0:33:26
76	Katia	Petteloot	Female	Stornoway Running & Athletics Club	5km	V40	45.04%	0:33:41
77	Isobel	Oakley	Female		5km	SEN	43.47%	0:34:25
78	Donna	Barden	Female		5km	V50	47.58%	0:38:02
79	Holly	Magee	Female		5km	SEN	37.99%	0:38:52
80	Tony Tank	Robson	Male	Stornoway Running & Athletics Club	5km	M70	44.92%	0:38:53
81	Jake	Magee	Male		5km	SEN	33.36%	0:38:55
82	Niall	MacRury	Male	Stornoway Running & Athletics Club	5km	U1	54.25%	0:39:29

	Forename	Surname	Gender	Club	Distance	Cat	Age grade	Time
1	Murdo	Mackenzie	Male	Stornoway Running & Athletics Club	3km	SEN	76.66%	0:10:17
2	Jonathon	Pritchard	Male	Stornoway Running & Athletics Club	3km	V40	82.88%	0:10:36
3	Gerald	Kalchauer	Male	Stornoway Running & Athletics Club	3km	V40	70.78%	0:12:19
4	Jordan Angus	Nicolson	Male	Stornoway Running & Athletics Club	3km	U13	68.32%	0:12:40
5	Samuel	MacLennan	Male	Stornoway Running & Athletics Club	3km	U13	68.86%	0:13:00
6	Kenny	Maclean	Male		3km	SEN	58.94%	0:13:30
7	Martin	Maciver	Male	Stornoway Running & Athletics Club	3km	U11	66.47%	0:14:01
8	Jonathan	Maciver	Male	Stornoway Running & Athletics Club	3km	V40	57.32%	0:14:21
9	Naomi	Ferris	Female	Stornoway Running & Athletics Club	3km	U11	72.32%	0:14:53
10	John	Macritchie	Male		3km	U9	67.33%	0:15:18
11	David Ian	Maciver	Male	Stornoway Running & Athletics Club	3km	U9	66.97%	0:15:23
12	Ben	Macleod	Male	Stornoway Running & Athletics Club	3km	U9	61.87%	0:16:39
13	Molly	Macleod	Female	Stornoway Running & Athletics Club	3km	U20	53.59%	0:16:48
14	Harris	Macleod	Male		3km	U9	63.46%	0:17:17
15	Oliver	Maciver	Male	Stornoway Running & Athletics Club	3km	U11	56.42%	0:17:18
16	Samantha	Macleod	Female		3km	SEN	50.98%	0:17:27
17	Robbie	McMurdo	Male	Stornoway Running & Athletics Club	3km	U11	53.04%	0:17:34
18	Ben	Dyer	Male		3km	U13	49.73%	0:18:00
19	Sarah	Mackay	Female		3km	SEN	48.33%	0:18:20
20	William	Donner	Male	Stornoway Running & Athletics Club	3km	U15	44.29%	0:18:33
21	Megan	Maclean	Female		3km	U11	50.85%	0:21:10
22	Catherine	Donner	Female	Stornoway Running & Athletics Club	3km	U11	46.85%	0:22:16
23	Jacqui	Johnson	Female		3km	V50	43.96%	0:23:03
24	Tori	Macinnes	Female		3km	SEN	38.47%	0:23:03
25	Nicole	Cameron	Female		3km	U11	44.11%	0:24:24
26	Joanne	Matheson	Female	Stornoway Running & Athletics Club	3km	V40	33.84%	0:28:59

Age graded results – combined races

	Forename	Surname	Gender	Club	Distance	Cat	Age grade	Time
1	Jonathon	Pritchard	Male	Stornoway Running & Athletics Club	3km	V40	82.88%	0:10:36
2	Donald	Shaw	Male	Central Athletics Club	5km	V50	82.26%	0:17:56
3	Alastair	Dunlop	Male	Stornoway Running & Athletics Club	5km	V60	80.96%	0:20:45
4	Murdo	Mackenzie	Male	Stornoway Running & Athletics Club	3km	SEN	76.66%	0:10:17
5	Emily	Murray	Female	Stornoway Running & Athletics Club	5km	U13	75.91%	0:21:43
6	Sarah	Maciver	Female	Stornoway Running & Athletics Club	5km	U15	75.41%	0:21:22
7	Norman	Ferguson	Male	Stornoway Running & Athletics Club	5km	SEN	74.65%	0:17:52
8	Kyla	McMurdo	Female	Stornoway Running & Athletics Club	5km	U13	74.59%	0:22:06
9	Alan	Inglis	Male	Stornoway Running & Athletics Club	5km	V50	74.14%	0:20:03
10	Allan	Morrison	Male	Stornoway Running & Athletics Club	5km	V40	73.57%	0:19:19
11	Charlie	Morrison	Male	Stornoway Running & Athletics Club	5km	U15	73.29%	0:18:41
12	William	Mitchell	Male		5km	V50	73.19%	0:20:28
13	Jens	Subke	Male		5km	V40	72.90%	0:19:56
14	Naomi	Ferris	Female	Stornoway Running & Athletics Club	3km	U11	72.32%	0:14:53
15	Francesca	Greenstock	Female	Stornoway Running & Athletics Club	5km	U15	72.22%	0:21:52
16	Murray	MacDonald	Male	Stornoway Running & Athletics Club	5km	U17	71.35%	0:18:50
17	Rachel	Murray	Female	Stornoway Running & Athletics Club	5km	U17	71.26%	0:21:46
18	Ewan	Crawford	Male	Hunters Bog Trotters	5km	SEN	71.14%	0:18:15
19	Abbie	Stewart	Female	Stornoway Running & Athletics Club	5km	U13	71.06%	0:23:12
20	Lewis Gerald	Grant	Male	Stornoway Running & Athletics Club	5km	SEN	70.95%	0:18:18
21	Thomas	Kalchauer	Male	Stornoway Running & Athletics Club	3km	V40	70.78%	0:12:19
22	Colin	Alexander	Male	Central Athletics Club	5km	V40	70.53%	0:20:18
23	Colin	Tucker	Male	Stornoway Running & Athletics Club	5km	V70	70.32%	0:25:50
24	Megan	Maclean	Female	Stornoway Running & Athletics Club	5km	U15	70.06%	0:23:00
25	Samuel	MacIennan	Male	Stornoway Running & Athletics Club	3km	U13	68.86%	0:13:00
26	Lorraine	Morrison	Female	Stornoway Running & Athletics Club	5km	V40	68.86%	0:22:18
27	Scott	MacRury	Male	Stornoway Running & Athletics Club	5km	SEN	68.61%	0:19:09
28	Jordan Angus	Nicolson	Male	Stornoway Running & Athletics Club	3km	U13	68.32%	0:12:40
29	Andrew	Macaskill	Male	Stornoway Running & Athletics Club	5km	U13	67.46%	0:22:07
30	Allan	Maciver	Male	Stornoway Running & Athletics Club	5km	V50	67.36%	0:21:54
31	John	Macritchie	Male		3km	U9	67.33%	0:15:18
32	Gary	Macleod	Male	Stornoway Running & Athletics Club	5km	SEN	67.08%	0:19:53
33	David Ian	Maciver	Male	Stornoway Running & Athletics Club	3km	U9	66.97%	0:15:23
34	Martin	Maciver	Male	Stornoway Running & Athletics Club	3km	U11	66.47%	0:14:01
35	William	MacRury	Male	Stornoway Running & Athletics Club	5km	SEN	66.36%	0:19:59
36	Sebastian	Nicolson	Male	Stornoway Running & Athletics Club	5km	U13	66.18%	0:21:11
37	Ellen	McMurdo	Female	Stornoway Running & Athletics Club	5km	U17	65.40%	0:23:43
38	Anna	Harrison	Female	Stornoway Running & Athletics Club	5km	U15	64.24%	0:25:05
39	Ruairidh	Smith	Male	Stornoway Running & Athletics Club	5km	U11	64.20%	0:24:11
40	Donald	Macaskill	Male		5km	V40	63.77%	0:22:27
41	Krysta	Bray	Female	Stornoway Running & Athletics Club	5km	U17	63.65%	0:23:58
42	Alison	Macdonald	Female	Stornoway Running & Athletics Club	5km	V40	63.53%	0:24:01
43	Harris	Macleod	Male		3km	U9	63.46%	0:17:17
44	Lewis	Maclean	Male	Stornoway Running & Athletics Club	5km	U15	63.20%	0:21:40
45	Gerry	connelly	Male	Stornoway Running & Athletics Club	5km	V40	62.94%	0:22:55
46	Donna	Inglis	Female	Stornoway Running & Athletics Club	5km	V50	62.70%	0:27:33
47	Ben	Macleod	Male	Stornoway Running & Athletics Club	3km	U9	61.87%	0:16:39
48	Iain	Matheson	Male	Stornoway Running & Athletics Club	5km	U15	61.71%	0:22:43
49	Anna	Flett	Female	Stornoway Running & Athletics Club	5km	V50	61.33%	0:27:51
50	Annemarie	Macleod	Female	Stornoway Running & Athletics Club	5km	V40	60.96%	0:25:22
51	Murdo	Murray	Male		5km	V40	60.80%	0:23:54
52	Kevin	Donner	Male	Stornoway Running & Athletics Club	5km	V40	60.76%	0:23:03
53	Anne-Maree	Macleod	Female		5km	SEN	60.13%	0:24:43
54	Finlay	Macleod	Male	Stornoway Running & Athletics Club	5km	U15	59.36%	0:23:37
55	Johan	Macritchie	Female		5km	SEN	59.21%	0:25:16
56	Kenny	Maclean	Male		3km	SEN	58.94%	0:13:30

57	Euan	Cowan	Male		5km	V40	58.66%	0:24:03
58	Craig	Macleod	Male		5km	U11	58.61%	0:27:45
59	Murdo	MacLeod	Male		5km	SEN	58.53%	0:22:11
60	Donnie	Macaulay	Male		5km	SEN	57.38%	0:22:45
61	Jonathan	Fairgrieve	Male		5km	SEN	57.36%	0:22:38
62	Jonathan	Maciver	Male	Stornoway Running & Athletics Club	3km	V40	57.32%	0:14:21
63	James	Stoddart	Male	Stoddart Cranes	5km	SEN	57.16%	0:23:12
64	Oliver	Maciver	Male	Stornoway Running & Athletics Club	3km	U11	56.42%	0:17:18
65	Amelia	Brandon	Female	Swindon Harriers	5km	U20	55.67%	0:26:38
66	Murdo	Campbell	Male	Westside Runners & Fitness Club	5km	SEN	55.04%	0:23:47
67	Jane	Graham	Female		5km	V40	55.01%	0:27:55
68	Hannah	Macleod	Female	Stornoway Running & Athletics Club	5km	U15	54.78%	0:29:25
69	Gemma	Donner	Female	Stornoway Running & Athletics Club	5km	SEN	54.48%	0:27:42
70	Katie	Laing	Female		5km	V40	54.40%	0:28:53
71	Niall	MacRury	Male	Stornoway Running & Athletics Club	5km	U1	54.25%	0:39:29
72	Julie	Murray	Female		5km	SEN	54.05%	0:27:21
73	Sarah	Macleod	Female	Stornoway Running & Athletics Club	5km	SEN	53.70%	0:27:30
74	Molly	Macleod	Female	Stornoway Running & Athletics Club	3km	U20	53.59%	0:16:48
75	Euan	Flett	Male	Stornoway Running & Athletics Club	5km	U13	53.57%	0:27:51
76	HECTOR	NEALLY	Male		5km	U13	53.29%	0:27:04
77	Robbie	McMurdo	Male	Stornoway Running & Athletics Club	3km	U11	53.04%	0:17:34
78	Maggie	Macleod	Female		5km	V40	52.14%	0:29:16
79	Donald	Campbell	Male		5km	V50	52.04%	0:28:47
80	Gordon	Kennedy	Male	Stornoway Running & Athletics Club	5km	SEN	51.20%	0:25:54
81	Samantha	Macleod	Female		3km	SEN	50.98%	0:17:27
82	Megan	Macleod	Female		3km	U11	50.85%	0:21:10
83	Sandra	Kennedy	Female	Stornoway Running & Athletics Club	5km	SEN	49.88%	0:29:48
84	Stephen	Campbell	Male		5km	SEN	49.85%	0:26:11
85	Yvonne	Murray	Female		5km	V40	49.84%	0:30:37
86	Grace	Macleod	Female		5km	SEN	49.80%	0:29:39
87	Ben	Dyer	Male		3km	U13	49.73%	0:18:00
88	Sue	Emmott	Female		5km	V50	49.59%	0:33:19
89	Louise	Henderson	Female	Stornoway Running & Athletics Club	5km	V40	49.56%	0:32:18
90	David	Beaton	Male		5km	SEN	49.24%	0:26:22
91	Thomas	Stewart	Male		5km	V40	48.75%	0:30:02
92	Sarah	Mackay	Female		3km	SEN	48.33%	0:18:20
93	Donna	Barden	Female		5km	V50	47.58%	0:38:02
94	Catherine	Donner	Female	Stornoway Running & Athletics Club	3km	U11	46.85%	0:22:16
95	Michelle	Macleod	Female	Stornoway Running & Athletics Club	5km	SEN	46.52%	0:31:57
96	Geraldine	Cowan	Female		5km	V40	45.64%	0:33:26
97	Katia	Petteloot	Female	Stornoway Running & Athletics Club	5km	V40	45.04%	0:33:41
98	Tony tank	Robson	Male	Stornoway Running & Athletics Club	5km	M70	44.92%	0:38:53
99	James	Macaskill	Male		5km	V40	44.67%	0:31:35
100	Ruairidh	Cowan	Male		5km	U13	44.63%	0:33:26
101	William	Donner	Male	Stornoway Running & Athletics Club	3km	U15	44.29%	0:18:33
102	Nicole	Cameron	Female		3km	U11	44.11%	0:24:24
103	Jacqui	Johnson	Female		3km	V50	43.96%	0:23:03
104	Isobel	Oakley	Female		5km	SEN	43.47%	0:34:25
105	Tori	Macinnes	Female		3km	SEN	38.47%	0:23:03
106	Holly	Magee	Female		5km	SEN	37.99%	0:38:52
107	Joanne	Matheson	Female	Stornoway Running & Athletics Club	3km	V40	33.84%	0:28:59
108	Jake	Magee	Male		5km	SEN	33.36%	0:38:55

Age category results

Forename	Surname	Gender	Club	Distance	Cat	Age grade	Time
Niall	MacRury	Male	Stornoway Running & Athletics Club	5km	U1	54.25%	0:39:29
Ruairidh	Smith	Male	Stornoway Running & Athletics Club	5km	U11	64.20%	0:24:11
Craig	Macleod	Male		5km	U11	58.61%	0:27:45
Emily	Murray	Female	Stornoway Running & Athletics Club	5km	U13	75.91%	0:21:43
Kyla	McMurdo	Female	Stornoway Running & Athletics Club	5km	U13	74.59%	0:22:06
Abbie	Stewart	Female	Stornoway Running & Athletics Club	5km	U13	71.06%	0:23:12
Sebastian	Nicolson	Male	Stornoway Running & Athletics Club	5km	U13	66.18%	0:21:11
Andrew	Macaskill	Male	Stornoway Running & Athletics Club	5km	U13	67.46%	0:22:07
HECTOR	NEALLY	Male		5km	U13	53.29%	0:27:04
Euan	Flett	Male	Stornoway Running & Athletics Club	5km	U13	53.57%	0:27:51
Ruairidh	Cowan	Male		5km	U13	44.63%	0:33:26
Sarah	Maciver	Female	Stornoway Running & Athletics Club	5km	U15	75.41%	0:21:22
Francesca	Greenstock	Female	Stornoway Running & Athletics Club	5km	U15	72.22%	0:21:52
Megan	Maclean	Female	Stornoway Running & Athletics Club	5km	U15	70.06%	0:23:00
Anna	Harrison	Female	Stornoway Running & Athletics Club	5km	U15	64.24%	0:25:05
Hannah	Maclean	Female	Stornoway Running & Athletics Club	5km	U15	54.78%	0:29:25
Charlie	Morrison	Male	Stornoway Running & Athletics Club	5km	U15	73.29%	0:18:41
Lewis	Maclean	Male	Stornoway Running & Athletics Club	5km	U15	63.20%	0:21:40
Iain	Matheson	Male	Stornoway Running & Athletics Club	5km	U15	61.71%	0:22:43
Finlay	Macleod	Male	Stornoway Running & Athletics Club	5km	U15	59.36%	0:23:37
Rachel	Murray	Female	Stornoway Running & Athletics Club	5km	U17	71.26%	0:21:46
Ellen	McMurdo	Female	Stornoway Running & Athletics Club	5km	U17	65.40%	0:23:43
Krysta	Bray	Female	Stornoway Running & Athletics Club	5km	U17	63.65%	0:23:58
Murray	MacDonald	Male	Stornoway Running & Athletics Club	5km	U17	71.35%	0:18:50
Amelia	Brandon	Female	Swindon Harriers	5km	U20	55.67%	0:26:38
Anne-Maree	Macleod	Female		5km	SEN	60.13%	0:24:43
Johan	Macritchie	Female		5km	SEN	59.21%	0:25:16
Julie	Murray	Female		5km	SEN	54.05%	0:27:21
Sarah	Macleod	Female	Stornoway Running & Athletics Club	5km	SEN	53.70%	0:27:30
Gemma	Donner	Female	Stornoway Running & Athletics Club	5km	SEN	54.48%	0:27:42
Grace	Macleod	Female		5km	SEN	49.80%	0:29:39
Sandra	Kennedy	Female	Stornoway Running & Athletics Club	5km	SEN	49.88%	0:29:48
Michelle	Macleod	Female	Stornoway Running & Athletics Club	5km	SEN	46.52%	0:31:57
Isobel	Oakley	Female		5km	SEN	43.47%	0:34:25
Holly	Magee	Female		5km	SEN	37.99%	0:38:52
Norman	Ferguson	Male	Stornoway Running & Athletics Club	5km	SEN	74.65%	0:17:52
Ewan	Crawford	Male	Hunters Bog Trotters	5km	SEN	71.14%	0:18:15
Lewis	Grant	Male	Stornoway Running & Athletics Club	5km	SEN	70.95%	0:18:18
Scott	MacRury	Male	Stornoway Running & Athletics Club	5km	SEN	68.61%	0:19:09
Gary	Macleod	Male	Stornoway Running & Athletics Club	5km	SEN	67.08%	0:19:53
William	MacRury	Male	Stornoway Running & Athletics Club	5km	SEN	66.36%	0:19:59
Murdo	MacLeod	Male		5km	SEN	58.53%	0:22:11
Jonathan	Fairgrieve	Male		5km	SEN	57.36%	0:22:38
Donnie	Macaulay	Male		5km	SEN	57.38%	0:22:45
James	Stoddart	Male	Stoddart Cranes	5km	SEN	57.16%	0:23:12
Murdo	Campbell	Male	Westside Runners & Fitness Club	5km	SEN	55.04%	0:23:47

Gordon Stephen	Kennedy Campbell	Male	Stornoway Running & Athletics Club	5km	SEN	51.20%	0:25:54
David	Beaton	Male		5km	SEN	49.85%	0:26:11
Jake	Magee	Male		5km	SEN	49.24%	0:26:22
				5km	SEN	33.36%	0:38:55
Lorraine Alison	Morrison Macdonald	Female	Stornoway Running & Athletics Club	5km	V40	68.86%	0:22:18
Annemarie	Macleod	Female	Stornoway Running & Athletics Club	5km	V40	63.53%	0:24:01
Jane	Graham	Female	Stornoway Running & Athletics Club	5km	V40	60.96%	0:25:22
Katie	Laing	Female		5km	V40	55.01%	0:27:55
Maggie	Macleod	Female		5km	V40	54.40%	0:28:53
Yvonne	Murray	Female		5km	V40	52.14%	0:29:16
Louise	Henderson	Female	Stornoway Running & Athletics Club	5km	V40	49.84%	0:30:37
Geraldine	Cowan	Female		5km	V40	49.56%	0:32:18
Katia	Petteloot	Female	Stornoway Running & Athletics Club	5km	V40	45.64%	0:33:26
				5km	V40	45.04%	0:33:41
Allan Jens	Morrison Subke	Male	Stornoway Running & Athletics Club	5km	V40	73.57%	0:19:19
Colin	Alexander	Male	Central Athletics Club	5km	V40	72.90%	0:19:56
Donald	Macaskill	Male		5km	V40	70.53%	0:20:18
Gerry	Connelly	Male	Stornoway Running & Athletics Club	5km	V40	63.77%	0:22:27
Kevin	Donner	Male	Stornoway Running & Athletics Club	5km	V40	62.94%	0:22:55
Murdo	Murray	Male		5km	V40	60.76%	0:23:03
Euan	Cowan	Male		5km	V40	60.80%	0:23:54
Thomas	Stewart	Male		5km	V40	58.66%	0:24:03
James	Macaskill	Male		5km	V40	48.75%	0:30:02
				5km	V40	44.67%	0:31:35
Donna Anna	Inglis Flett	Female	Stornoway Running & Athletics Club	5km	V50	62.70%	0:27:33
Sue	Emmott	Female	Stornoway Running & Athletics Club	5km	V50	61.33%	0:27:51
Donna	Barden	Female		5km	V50	49.59%	0:33:19
				5km	V50	47.58%	0:38:02
Donald Alan	Shaw Inglis	Male	Central Athletics Club	5km	V50	82.26%	0:17:56
William	Mitchell	Male	Stornoway Running & Athletics Club	5km	V50	74.14%	0:20:03
Allan	Maciver	Male		5km	V50	73.19%	0:20:28
Donald	Campbell	Male	Stornoway Running & Athletics Club	5km	V50	67.36%	0:21:54
				5km	V50	52.04%	0:28:47
Alastair	Dunlop	Male	Stornoway Running & Athletics Club	5km	V60	80.96%	0:20:45
Colin	Tucker	Male	Stornoway Running & Athletics Club	5km	V70	70.32%	0:25:50
Tony Tank	Robson	Male	Stornoway Running & Athletics Club	5km	V70	44.92%	0:38:53
Forename	Surname	Gender	Club	Distance	Cat	Age grade	Time
John	Macritchie	Male		3km	U9	67.33%	0:15:18
David Ian	Maciver	Male	Stornoway Running & Athletics Club	3km	U9	66.97%	0:15:23
Ben	Macleod	Male	Stornoway Running & Athletics Club	3km	U9	61.87%	0:16:39
Harris	Macleod	Male		3km	U9	63.46%	0:17:17
Naomi	Ferris	Female	Stornoway Running & Athletics Club	3km	U11	72.32%	0:14:53
Megan	Maclean	Female		3km	U11	50.85%	0:21:10
Catherine	Donner	Female	Stornoway Running & Athletics Club	3km	U11	46.85%	0:22:16
Nicole	Cameron	Female		3km	U11	44.11%	0:24:24
Martin	Maciver	Male	Stornoway Running & Athletics Club	3km	U11	66.47%	0:14:01
Oliver	Maciver	Male	Stornoway Running & Athletics Club	3km	U11	56.42%	0:17:18
Robbie	McMurdo	Male	Stornoway Running & Athletics Club	3km	U11	53.04%	0:17:34

Jordan Angus	Nicolson	Male	Stornoway Running & Athletics Club	3km	U13	68.32%	0:12:40
Samuel	MacIennan	Male	Stornoway Running & Athletics Club	3km	U13	68.86%	0:13:00
Ben	Dyer	Male		3km	U13	49.73%	0:18:00
William	Donner	Male	Stornoway Running & Athletics Club	3km	U15	44.29%	0:18:33
Molly	Macleod	Female	Stornoway Running & Athletics Club	3km	U20	53.59%	0:16:48
Samantha	Macleod	Female		3km	SEN	50.98%	0:17:27
Sarah	Mackay	Female		3km	SEN	48.33%	0:18:20
Tori	Macinnes	Female		3km	SEN	38.47%	0:23:03
Murdo	Mackenzie	Male	Stornoway Running & Athletics Club	3km	SEN	76.66%	0:10:17
Kenny	Maclean	Male		3km	SEN	58.94%	0:13:30
Joanne	Matheson	Female	Stornoway Running & Athletics Club	3km	V40	33.84%	0:28:59
Jonathon	Pritchard	Male	Stornoway Running & Athletics Club	3km	V40	82.88%	0:10:36
Gerald	Kalchauer	Male	Stornoway Running & Athletics Club	3km	V40	70.78%	0:12:19
Jonathan	Maciver	Male	Stornoway Running & Athletics Club	3km	V40	57.32%	0:14:21
Jacqui	Johnson	Female		3km	V50	43.96%	0:23:03