

# SRAC Traigh Hard Tour of Lewis 2021

## Blones

| Pos | Race NO | Full name          | Race 1<br>1<br>Mile | Race 1<br>Points | Race 2<br>Gallows | Race 2<br>Points | Race 3<br>Machair | Race 3<br>Points | Race 4<br>Beach | Race 4<br>Points | Bonus | TOTAL |
|-----|---------|--------------------|---------------------|------------------|-------------------|------------------|-------------------|------------------|-----------------|------------------|-------|-------|
| 1   | 43      | CJ Macphail        | 5:39.2              | 10               | 18:28             | 10               | 20:48             | 10               | 22:24           | 10               | 10    | 50    |
| 2   | 46      | Mae Macleod        | 6:29.6              | 7                | 21:31             | 8                | 23:53             | 9                | 25:13           | 9                | 10    | 43    |
| 3   | 49      | Anna Hulme         | 6:25.8              | 9                | 21:37             | 6                | 24:08             | 8                | 26:13           | 6                | 10    | 39    |
| 4   | 50      | Catriona Bain      | 6:27.7              | 8                | 21:40             | 5                | 24:20             | 7                | 25:30           | 8                | 10    | 38    |
| 5   | 40      | Muriel Macleod     | 6:47.6              | 6                | 21:22             | 9                | 26:21             | 5                | 26:53           | 5                | 10    | 35    |
| 6   | 41      | Martha Hamilton    |                     |                  | 21:32             | 7                | 24:34             | 6                | 25:47           | 7                | 5     | 25    |
| 7   | 39      | Valerie Hamilton   | 7:46.9              | 4                | 25:33             | 1                | 27:07             | 4                | 27:41           | 4                | 10    | 23    |
| 8   | 26      | Kimberly Gallagher | 7:44.4              | 5                | 24:25             | 1                | 28:13             | 3                | 31:41           | 3                | 10    | 22    |
| 9   | 45      | Alison Robertson   | 8:23.9              | 3                | 27:20             | 1                | 32:02             | 1                | 33:40           | 1                | 10    | 16    |
| 10  | 8       | Brenda Jones       |                     |                  | 25:54             | 1                | 32:11             | 1                | 32:38           | 2                | 5     | 9     |
| 11  | 57      | Mhairi Murdoch     |                     |                  | 23:30             | 4                |                   |                  |                 |                  |       | 4     |
| 12  | 9       | Wendy Lewis        |                     |                  | 25:23             | 1                | 31:04             | 2                |                 |                  |       | 3     |
| 13  | 44      | Marion MacLennan   |                     |                  | 24:06             | 3                |                   |                  |                 |                  |       | 3     |
| 14  | 58      | Adrienne Stewart   |                     |                  | 24:08             | 2                |                   |                  |                 |                  |       | 2     |
| 15  | 56      | Cathie Stewart     |                     |                  |                   |                  |                   |                  | 35:59           | 1                |       | 1     |

## Prize Winners

### Porters

1<sup>st</sup> Place – CJ Macphail  
 2<sup>nd</sup> Place – Anna Hulme  
 3<sup>rd</sup> Place – Catriona Bain

### Castle

1<sup>st</sup> Place – Mae Macleod  
 2<sup>nd</sup> Place – Muriel Macleod  
 3<sup>rd</sup> Place – Valerie Hamilton

## Coves

| Pos | Race NO | Full name           | Race 1 Mile | Race 1 Points | Race 2 Gallows | Race 2 Points | Race 3 Machair | Race 3 Points | Race 4 Beach | Race 4 Points | Bonus | TOTAL |
|-----|---------|---------------------|-------------|---------------|----------------|---------------|----------------|---------------|--------------|---------------|-------|-------|
| 1   | 47      | Mark Tolsta         | 4:47.6      | 10            | 15:25          | 10            | 17:35          | 10            | 19:14        | 10            | 10    | 50    |
| 2   | 35      | John Hamilton       | 5:07.5      | 6             | 15:49          | 9             | 17:58          | 9             | 19:53        | 9             | 10    | 43    |
| 3   | 4       | Jonathan Fairgrieve | 5:01.7      | 8             | 18:09          | 7             | 19:28          | 8             | 20:39        | 8             | 10    | 41    |
| 4   | 15      | Murdo Mackenzie     | 5:04.7      | 7             | 16:34          | 8             | 19:43          | 7             | 21:00        | 7             | 10    | 39    |
| 5   | 38      | Pierre De Greef     | 5:39.0      | 3             | 19:11          | 4             | 21:01          | 3             | 22:45        | 6             | 10    | 26    |
| 6   | 7       | Alastair Henderson  | 5:38.5      | 4             | 20:06          | 2             | 20:42          | 5             | 23:30        | 4             | 10    | 25    |
| 7   | 48      | Donald Macaskill    | 5:45.5      | 1             | 19:53          | 3             | 22:54          | 1             | 23:01        | 5             | 10    | 20    |
| 8   | 42      | Brian Scally        | 5:40.3      | 2             | 19:10          | 5             | 20:45          | 4             |              |               | 5     | 16    |
| 9   | 30      | Daniel Stewart      | 5:00.8      | 9             |                |               | 20:15          | 6             |              |               |       | 15    |
| 10  | 34      | Dave Clement        | 9:09.8      | 1             | 30:18          | 1             | 37:43          | 1             | 37:13        | 2             | 10    | 15    |
| 11  | 52      | Gordon Macintosh    | 6:16.1      | 1             | 21:39          | 1             | 25:19          | 1             |              |               | 5     | 8     |
| 12  | 53      | Norman Ferguson     |             |               | 19:09          | 6             |                |               |              |               |       | 6     |
| 13  | 37      | Jonathon Pritchard  | 5:15.3      | 5             |                |               |                |               |              |               |       | 5     |
| 14  | 27      | Henry Robertson     |             |               |                |               |                |               | 29:48        | 3             |       | 3     |
| 15  | 59      | Alastair Dunlop     |             |               |                |               | 21:42          | 2             |              |               |       | 2     |
| 16  | 60      | Neil Macrury        |             |               | 24:28          | 1             | 27:50          | 1             |              |               |       | 2     |

## Prize Winners

### Porters

1<sup>st</sup> Place – Mark Tolsta  
 2<sup>nd</sup> Place – John Hamilton  
 3<sup>rd</sup> Place – Jonathan Fairgrieve

### Castle

1<sup>st</sup> Place – Dave Clement  
 2<sup>nd</sup> Place – Henry Robertson  
 3<sup>rd</sup> Place – Neil Macrury

## Race 4 Results – Traigh Mhor beach 5k

| Pos | Race NO | Full name           |   | Time  |
|-----|---------|---------------------|---|-------|
| 1   | 47      | Mark Tolsta         | M | 19:14 |
| 2   | 35      | John Hamilton       | M | 19:53 |
| 3   | 4       | Jonathan Fairgrieve | M | 20:39 |
| 4   | 15      | Murdo Mackenzie     | M | 21:00 |
| 5   | 43      | CJ Macphail         | F | 22:24 |
| 6   | 38      | Pierre De Greef     | M | 22:45 |
| 7   | 48      | Donald Macaskill    | M | 23:01 |
| 8   | 7       | Alastair Henderson  | M | 23:30 |
| 9   | 46      | Mae Macleod         | F | 25:13 |
| 10  | 50      | Catriona Bain       | F | 25:30 |
| 11  | 41      | Martha Hamilton     | F | 25:47 |
| 12  | 49      | Anna Hulme          | F | 26:13 |
| 13  | 40      | Muriel Macleod      | F | 26:53 |
| 14  | 39      | Valerie Hamilton    | F | 27:41 |
| 15  | 27      | Henry Robertson     | M | 29:48 |
| 16  | 26      | Kimberly Gallagher  | F | 31:41 |
| 17  | 8       | Brenda Jones        | F | 32:38 |
| 18  | 45      | Alison Robertson    | F | 33:40 |
| 19  | 56      | Cathie Stewart      | F | 35:59 |
| 20  | 34      | Dave Clement        | M | 37:13 |

## Race 3 Results – Barvas Machair 5k

| Pos | Race NO | Full name           |   | Time  |
|-----|---------|---------------------|---|-------|
| 1   | 47      | Mark Tolsta         | M | 17:35 |
| 2   | 35      | John Hamilton       | M | 17:58 |
| 3   | 4       | Jonathan Fairgrieve | M | 19:28 |
| 4   | 15      | Murdo Mackenzie     | M | 19:43 |
| 5   | 30      | Daniel Stewart      | M | 20:15 |
| 6   | 7       | Alastair Henderson  | M | 20:42 |
| 7   | 42      | Brian Scally        | M | 20:45 |
| 8   | 43      | CJ Macphail         | F | 20:48 |
| 9   | 38      | Pierre De Greef     | M | 21:01 |
| 10  | 59      | Alastair Dunlop     | M | 21:42 |
| 11  | 48      | Donald Macaskill    | M | 22:54 |
| 12  | 46      | Mae Macleod         | F | 23:53 |
| 13  | 49      | Anna Hulme          | F | 24:08 |
| 14  | 50      | Catriona Bain       | F | 24:20 |
| 15  | 41      | Martha Hamilton     | F | 24:34 |
| 16  | 52      | Gordon Macintosh    | M | 25:19 |
| 17  | 40      | Muriel Macleod      | F | 26:21 |
| 18  | 39      | Valerie Hamilton    | F | 27:07 |
| 19  | 60      | Neil Macrury        | M | 27:50 |
| 20  | 26      | Kimberly Gallagher  | F | 28:13 |
| 21  | 9       | Wendy Lewis         | F | 31:04 |
| 22  | 45      | Alison Robertson    | F | 32:02 |
| 23  | 8       | Brenda Jones        | F | 32:11 |
| 24  | 34      | Dave Clement        | M | 37:43 |

## Race 2 Results – Gallows Hill Race

| Pos | RaceNO | Full name           |   | Time  |
|-----|--------|---------------------|---|-------|
| 1   | 47     | Mark Tolsta         | M | 15:25 |
| 2   | 35     | John Hamilton       | M | 15:49 |
| 3   | 15     | Murdo Mackenzie     | M | 16:34 |
| 4   | 4      | Jonathan Fairgrieve | M | 18:09 |
| 5   | 43     | CJ Macphail         | F | 18:28 |
| 6   | 53     | Norman Ferguson     | M | 19:09 |
| 7   | 42     | Brian Scally        | M | 19:10 |
| 8   | 38     | Pierre De Greef     | M | 19:11 |
| 9   | 48     | Donald Macaskill    | M | 19:53 |
| 10  | 7      | Alastair Henderson  | M | 20:06 |
| 11  | 40     | Muriel Macleod      | F | 21:22 |
| 12  | 46     | Mae Macleod         | F | 21:31 |
| 13  | 41     | Martha Hamilton     | F | 21:32 |
| 14  | 49     | Anna Hulme          | F | 21:37 |
| 15  | 52     | Gordon Macintosh    | M | 21:39 |
| 16  | 50     | Catriona Bain       | F | 21:40 |
| 17  | 57     | Mhairi Murdoch      | F | 23:30 |
| 18  | 44     | Marion MacLennan    | F | 24:06 |
| 19  | 58     | Adrienne Stewart    | F | 24:08 |
| 20  | 26     | Kimberly Gallagher  | F | 24:25 |
| 21  | 60     | Neil Macrury        | M | 24:28 |
| 22  | 9      | Wendy Lewis         | F | 25:23 |
| 23  | 39     | Valerie Hamilton    | F | 25:33 |
| 24  | 8      | Brenda Jones        | F | 25:54 |
| 25  | 45     | Alison Robertson    | F | 27:20 |
| 26  | 34     | Dave Clement        | M | 30:18 |

## Race 1 Results – The Traigh Hard Mile

| Pos | Race NO | Full name           |   | Time   |
|-----|---------|---------------------|---|--------|
| 1   | 47      | Mark Tolsta         | M | 4:47.6 |
| 2   | 30      | Daniel Stewart      | M | 5:00.8 |
| 3   | 4       | Jonathan Fairgrieve | M | 5:01.7 |
| 4   | 15      | Murdo Mackenzie     | M | 5:04.7 |
| 5   | 35      | John Hamilton       | M | 5:07.5 |
| 6   | 37      | Jonathon Pritchard  | M | 5:15.3 |
| 7   | 7       | Alastair Henderson  | M | 5:38.5 |
| 8   | 38      | Pierre De Greef     | M | 5:39.0 |
| 9   | 43      | CJ Macphail         | F | 5:39.2 |
| 10  | 42      | Brian Scally        | M | 5:40.3 |
| 11  | 48      | Donald Macaskill    | M | 5:45.5 |
| 12  | 52      | Gordon Macintosh    | M | 6:16.1 |
| 13  | 49      | Anna Hulme          | F | 6:25.8 |
| 14  | 50      | Catriona Bain       | F | 6:27.7 |
| 15  | 46      | Mae Macleod         | F | 6:29.6 |
| 16  | 40      | Muriel Macleod      | F | 6:47.6 |
| 17  | 26      | Kimberly Gallagher  | F | 7:44.4 |
| 18  | 39      | Valerie Hamilton    | F | 7:46.9 |
| 19  | 45      | Alison Robertson    | F | 8:23.9 |
| 20  | 34      | Dave Clement        | M | 9:09.8 |