

SRAC Time Trial - 01/08/2026**Smith Avenue****Results****Mixed 75 Meter**

	Name	Team	Seed	Finals
Section 1	Wind: NWI			
1	#153 Jamieson U10, Layla	W Stronwoay Running & AC	13.15	1
2	#165 Nicolson U10, Elise	W Stronwoay Running & AC	14.09	1
3	#5 MacSween U10, Luna	W Stronwoay Running & AC	16.20	1
4	#163 Murray U10, Ellie	W Stronwoay Running & AC	16.69	1
Section 2	Wind: NWI			
1	#194 Mackay U10, Archie	M Stronwoay Running & AC	12.58	2
2	#174 Hall U10, Cameron	M Stronwoay Running & AC	13.10	2
3	#183 Macleod U10, Ross	M Stronwoay Running & AC	13.58	2
4	#197 Murray U10, Jack	M Stronwoay Running & AC	13.86	2
5	#176 Kearns U10, Christopher	M Stronwoay Running & AC	14.45	2
6	#179 MacDonald U10, Danny	M Stronwoay Running & AC	15.25	2
Section 3	Wind: NWI			
1	#157 MacDonald U10, Alana	W Stronwoay Running & AC	13.81	3
2	#195 Morrison U10, Ross	M Stronwoay Running & AC	14.07	3
3	#3 Scott U10, Luke	M Stronwoay Running & AC	14.53	3
4	#168 Morrison U10, Calvin	M Stronwoay Running & AC	15.09	3
5	#196 Murray U10, Calum-Murdo	M Stronwoay Running & AC	15.17	3
6	#159 MacIver U10, Jessica Rose	W Stronwoay Running & AC	15.18	3
Section 4	Wind: NWI			
1	#1 Rowlands U12, Sebastian	M Stronwoay Running & AC	12.92	4
2	#200 Rowlands U12, Avery	M Stronwoay Running & AC	13.08	4
3	#167 Robins U12, Ella Beth	W Stronwoay Running & AC	13.67	4
4	#185 MacLeod U12, Kyle	M Stronwoay Running & AC	13.81	4
5	#182 MacIver U12, louis	M Stronwoay Running & AC	14.07	4
6	#192 Macdonald U12, Ella	W Stronwoay Running & AC	15.28	4

Mixed 100 Meter

	Name	Team	Seed	Finals
Section 1	Wind: NWI			
1	#169 Scaramuccia U12, Annie	W Stronwoay Running & AC	16.44	1
2	#161 MacLeod U12, Emilia	W Stronwoay Running & AC	17.24	1
3	#152 Hall U12, Sadie	W Stronwoay Running & AC	18.44	1
4	#154 Jamieson U12, Sienna	W Stronwoay Running & AC	19.14	1
5	#164 Murray U12, Amber	W Stronwoay Running & AC	20.34	1
Section 2	Wind: NWI			
1	#187 Molla U14, Hector	M Stronwoay Running & AC	15.28	2
2	#156 Blaney U16, Abigail	W Stronwoay Running & AC	16.33	2
3	#155 King U12, Emily	W Stronwoay Running & AC	17.15	2
4	#158 MacDonald U12, Holly	W Stronwoay Running & AC	17.41	2
5	#188 Macleod U12, Sam	M Stronwoay Running & AC	17.74	2
6	#184 MacLeod U12, James	M Stronwoay Running & AC	18.56	2
Section 3	Wind: NWI			
1	#177 Libby U20, Fraser	M Stronwoay Running & AC	13.08	3
2	#181 MacDonald U16, Cameron	M Stronwoay Running & AC	13.32	3
3	#191 MacLeod U18, Craig	M Stronwoay Running & AC	13.46	3
4	#171 Bain U18, James	M Stronwoay Running & AC	13.56	3
5	#170 Scaramuccia U16, Ava	W Stronwoay Running & AC	13.92	3
6	#189 MacLeod U14, Harris	M Stronwoay Running & AC	15.78	3

SRAC Time Trial - 01/08/2026**Smith Avenue****Results****Section 3 Wind: NWI ... (Mixed 100 Meter)**

Name	Team	Seed	Finals
7 #166 Rasheed U18, Arsinoe	W Stronwoay Running & AC		16.89 3

Mixed 800 Meter Run

Name	Team	Seed	Finals
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Section 1

1 #181 MacDonald U16, Cameron	M Stronwoay Running & AC	2:14.91	1
2 #151 Ferris U18, Naomi	W Stronwoay Running & AC	2:17.86	1
3 #171 Bain U18, James	M Stronwoay Running & AC	2:19.56	1

Section 2

1 #190 Macleod U16, Ryan	M Stronwoay Running & AC	2:39.44	2
2 #4 MacLeod U16, Niall	M Unattached	2:51.60	2
3 #150 Adams U14, Amelia	W Stronwoay Running & AC	2:58.60	2
4 #198 Rice U12, Marc	M Stronwoay Running & AC	2:58.72	2
5 #175 Jamieson U12, Daniel	M Stronwoay Running & AC	3:02.52	2
6 #186 MacLeod U12, Lucas	M Stronwoay Running & AC	3:25.64	2
7 #180 MacDonald U12, Aaron	M Stronwoay Running & AC	3:33.84	2
8 #6 MacSween U12, Layla	W Stronwoay Running & AC	3:48.19	2
9 #155 King U12, Emily	W Stronwoay Running & AC	3:49.17	2

Mixed 1500 Meter Run

Name	Team	Seed	Finals
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Section 1

1 #193 MacMillan Sen, Michael	M Stronwoay Running & AC	4:28.92	
2 #199 Rice U18, Liam	M Stronwoay Running & AC	5:01.98	
3 #178 MacAskill U16, Alastair	M Stronwoay Running & AC	5:14.07	
4 #172 Cowan U20, Ruairidh	M Stronwoay Running & AC	5:19.08	
5 #173 Gates U16, Haydn	M Stronwoay Running & AC	6:42.24	